

BEAVER VALLEY AGE FRIENDLY COMMUNITY

BV Age Friendly
Contact Information
Village Office - 250-367-7551



COFFEE CLUB

At November's Coffee Club meeting there were 26 seniors in attendance. The following topics were discussed:

Frauds and scams; living well with Telus; planning for future Coffee Club meetings and what seniors would like to see happen at the meetings. Some suggestions are: an update on Mount Everest; walking trail maps with three different categories - flat, hills and woods; invite a firefighter to come speak about smoke alarms and carbon monoxide detectors; invite Community Paramedic Bryan Henry to present an update on the lockboxes; an updated Handy-persons list; invite to a money manager to speak about tax savings; and there was an expression of interest in starting a walking club at the Waneta Plaza.

For the next Coffee Club meeting on **Monday, December 9 @ 10:00 am in the Fruitvale Memorial Hall**, we will have a local firefighter in attendance to speak on fire safety in the home. We are waiting for confirmation from Community Paramedic Bryan Henry on whether or not he is able to attend the December meeting to give an update on the lockboxes.

The Handy-persons list is currently being updated.

If you are interested in joining a winter walking club, please call Vickie 250-512-9379.

Bill Wenman will be educating us on tax savings at January's Coffee Club.

Just a friendly reminder to our seniors that the Beaver Valley Nitehawks are able to help with snow removal and heavy lifting. Please call Steven Piccolo at 250-921-8713 if you would like their help.



TOONIE TUESDAY LUNCH

You have read and heard me say this many times....I LOVE WHERE I LIVE....Without our dedicated volunteers the Toonie Tuesday lunch could not happen. Here is a snapshot of how our seniors' lunch rolls out:

- ♦ The food is preordered the week before the lunch, which is why pre-registration is required. Monday is food prep day. **THANK YOU** Colleen & Brian Prodaniuk for cooking, chopping, peeling, cleaning and putting all the place settings on the carts - a total of 12 people hours!
- ♦ Tuesday morning, the door is unlocked at 9:00am for Doug Green, Roy Plummer and Gabe Vandermeer to come set up the tables and chairs and putting the place settings on the tables - total of 3 people hours, **THANK YOU!** Linda Green serves and prepares for the servers, gets the serving carts ready and places teas, creamers and sugars on the tables - total of 5 people hours, **THANK YOU!** Joyce Buckler, Carolyn Womacks, Joan Green, Brian Prodaniuk, and Senta MacIntyre work at getting lunch and dessert ready and then do clean up - total of 20 people hours, **THANK YOU!** At the dishwasher is Bill Wenman, Brian Prodaniuk and Steve Morissette - total of 8 people hours, **THANK YOU!** Ali Grieve, Kelly Morissette and Rhonda Giles are our everywhere helpers - total of 7 people hours, **THANK YOU!** Shawna Collins preps and works in the coffee house - total of 5 people hours, **THANK YOU!** Last, but definitely not least, our energetic Fruitvale Elementary School Grade 7 students Mackenzie Sedgwick, Felicia Girardo, Jamie D'Andrea, Briar Buchanan, Alexis Wyatt, Arwen McKenzie, November Scott and Ella Bloy, who serve, clear tables and take down tables and chairs - total of 16 people hours, **THANK YOU!**

To sum it up, over two days there are 20 volunteers and 76 people hours worked for the lunch. We all are looking forward to seeing you at the Christmas lunch on **December 17, 2019 at 12:30pm** in the Fruitvale Memorial Centre. **Please call the Village of Fruitvale Office at 250-367-7551 by Tuesday December 10 to register.** Pre-registration is a must.

CANDY CANE LANE (formerly Jingle Down Main)

The Village of Fruitvale's annual kick off to Christmas event has a new name, **Candy Cane Lane**, and is being held on **Saturday, December 7 from 11:00am - 3:00pm** in the Pole Yard downtown Fruitvale. Along with the event favourites - food vendors, hot beverages and the firefighters' bonfire - there will be an Outdoor Craft and Vendor Market and Santa's Village with activities and face painting for the kids. Local businesses will also have in-store specials. We hope to see you there.

BV SENIORS BRANCH #44 CHRISTMAS DINNER

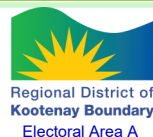
The BV Seniors Branch #44 is holding their annual Christmas dinner on **Friday, December 13 at 5:30pm** in the BV Manor recreation room. There will be fun activities related to the season following the dinner and a raffle for a lovely Christmas hamper. Tickets are limited - cost \$20. Call 250-367-3839 for tickets.

Be sure to check the calendar for other activities for seniors taking place weekly throughout the year in the BV Manor recreation room. For more information on any Branch #44 activity or for information on renting the recreation room for a special occasion, please call 250-367-7603.



On behalf of all the Age Friendly program volunteers, RDKB Area A Director Ali Grieve and staff, Village of Fruitvale Mayor Steve Morissette, Council and staff, and Village of Montrose Mayor Mike Walsh, Council and staff, we would like to wish the residents of the Beaver Valley a very warm and merry Christmas and best wishes for health and happiness in the coming year. We look forward to another year of age friendly programs and events in 2020.

THANK YOU TO OUR SUPPORTING PARTNERS



DECEMBER 2019

BV Age Friendly
 Contact Information
 Village Office - 250-367-7551
info@village.fruitvale.bc.ca



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies' Curling 12:30pm @ BVCC Bingo 1:00pm @ BVM Montrose Sr. Cards 7:00pm @ MH	3 Carpet Bowling 10:00am-Noon @ BVM Senior Men's Curling 10:00am - Noon @BVCC	4 Ceramics 9:00am-Noon @ BVM Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies' Curling 12:30pm @ BVCC BV Lions' BINGO 6:00pm @ FMC	5 Senior Men's Curling 10:00am - Noon @BVCC Cards 1:00-3:00pm @ BVM Branch #44 Christmas Dinner 5:00pm @ BVM	6 Seniors' Line Dancing 10:00-11:00am @ FMC Senior Men's Curling 10:00am - Noon @BVCC Seniors 55+ Bowling 1:00pm @ BVL	7 Candy Cane Lane 11:00am-3:00pm in the Pole Yard
8	9 Seniors' Coffee 10:30am @ FMC Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies' Curling 12:30pm @ BVCC Bingo 1:00pm @ BVM	10 Carpet Bowling 10:00am-Noon @ BVM Senior Men's Curling 10:00am - Noon @BVCC Last Day to Register for Toonie Lunch	11 Ceramics 9:00am-Noon @ BVM Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies' Curling 12:30pm @ BVCC BV Lions' BINGO 6:00pm @ FMC	12 Senior Men's Curling 10:00am - Noon @BVCC Cards 1:00-3:00pm @ BVM	13 Seniors' Line Dancing 10:00-11:00am @ FMC Senior Men's Curling 10:00am - Noon @BVCC Seniors 55+ Bowling 1:00pm @ BVL Branch #44 Christmas Dinner 5:30pm @ BVM	14
15	16 Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies' Curling 12:30pm @ BVCC Bingo 1:00pm @ BVM Montrose Sr. Cards 7:00pm @ MH	17 Toonie Tuesday Lunch 12:30pm @ FMC Carpet Bowling 10:00am-Noon @ BVM Senior Men's Curling 10:00am - Noon @BVCC	18 Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies' Curling 12:30pm @ BVCC BV Lions' BINGO 6:00pm @ FMC	19 Cards 1:00-3:00pm @ BVM Senior Men's Curling 10:00am - Noon @BVCC	20 Seniors' Line Dancing 10:00-11:00am @ MH Senior Men's Curling 10:00am - Noon @BVCC Seniors 55+ Bowling 1:00pm @ BVL	21
22	23 Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies' Curling 12:30pm @ BVCC Bingo 1:00pm @ BVM	24 Christmas Eve	25 	26 Cards 1:00pm @ BVM	27 Seniors 55+ Bowling 1:00pm @ BVL	28
29	30 Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies' Curling 12:30pm @ BVCC Bingo 1:00pm @ BVM	31 Senior Men's Curling 10:00am - Noon @BVCC Carpet Bowling 10:00am-Noon @ BVM	<div style="border: 2px solid black; padding: 10px; text-align: center;"> VENUES BVM - Beaver Valley Manor MH - Montrose Hall FMC - Fruitvale Memorial Centre BVL - Beaver Valley Lanes BVCC - Beaver Valley Curling Club </div>			

BLACK = Fruitvale Senior Citizens Branch 44
 - \$15 membership required for events at BV Manor
 - Contact Bob, 250-367-7603

RED = Beaver Valley Age Friendly
 - No membership required for the Age Friendly events
 - Contact the Village of Fruitvale, 250-367-7551

BLUE = Community Events
 - May or may not have a fee associated with event
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact the Village Office at 250-367-7551 or send your event information to info@village.fruitvale.bc.ca