

BEAVER VALLEY AGE FRIENDLY COMMUNITY



BEAVER VALLEY AGE FRIENDLY NEWSLETTER SEPTEMBER 2020

Wow...and just like that, the summer is over! It always amazes me how quickly the seasons pass. Fall has always been my favorite time of year, as the sun still lingers but the crispness of the air and the falling of the leaves reminds us that change is coming.

I am really excited to take the reins as the BV Age Friendly Coordinator and look forward to working with the seniors of the Beaver Valley to continue to provide opportunities for seniors to engage and connect through programs determined by the seniors themselves.

As we head into Fall, I will be reviewing the results of the BV Age Friendly Feedback Survey and planning activities based on feedback from the seniors. I have had the opportunity to connect with many of the groups and organizations that support seniors in our region and am excited to hear from our seniors as to how they would like to engage moving forward.

September 8 - Seniors Coffee Group will be held at 10:00 am in-person (socially-distant) at the Fruitvale Memorial Hall (max 50 participants due to COVID-19 protocols). We will be reviewing options and looking for your feedback on Age Friendly program content and speakers for the upcoming 2020/21 year as well as hearing a presentation from Carolyn Amantea from CBAL. Carolyn will be presenting on digital literacy and how we can use our computers, tablets and smartphones to connect with others during these challenging times, as well as soliciting interest in a future training series on Zoom and Facebook for those who are interested.

I'm looking forward to meeting with you and hearing from you as we begin to plan together and continue to make BV Age Friendly a program that is guided by its members and serving the needs of the seniors of the Beaver Valley. If you have questions, feel free to contact Shawna via email at bvafcoordinator@gmail.com or call 250-921-9464.

Looking forward to serving our seniors.

Shawna Bradford, RN, BSN
BV Age Friendly Coordinator

THANK YOU TO OUR SUPPORTING PARTNERS

