

# BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator  
Jayme Fowler  
250.367.7428 home or by email  
[jfricke99@msn.com](mailto:jfricke99@msn.com)



## MESSAGE FROM THE VILLAGE OF FRUITVALE

The Village of Fruitvale would like to take an opportunity to thank our local and regional community for the great support of the Age Friendly program over the years. Without this support the program would not be where it is today. The Age Friendly Community is thriving, and we are eagerly looking towards a future of many more successful years assisting seniors to live healthy, active lifestyles. The success and growth of the program, both locally and regionally, has inspired a change to ensure continued success. As of January 1, 2020, the Beaver Valley Age Friendly Program will operate through the Regional District of Kootenay Boundary (RDKB). The program will remain the same with greater opportunities to provide needed services in the community.

Over the next months of transitioning the program to the RDKB, if you would like to continue supporting the program your donations can be made payable to:

Up to December 31, 2019

Village of Fruitvale  
PO Box 370  
1947 Beaver Street  
Fruitvale, BC V0G 1L0

As of January 1, 2020

Regional District of Kootenay Boundary  
202 - 843 Rossland Avenue  
Trail, BC V1R 4S8

All funding collected through the transition period is guaranteed to follow and continue supporting the Age Friendly Program.

While the Village of Fruitvale/RDKB Age Friendly Program is not associated with the new Beaver Valley Age Friendly Society, we extend our best wishes to the Society in reaching their goals. The addition of the Society to the community will not have an impact on or change the Village of Fruitvale/RDKB Age Friendly Program or the transition. Thank-you for the many years of success; we are looking forward to an exciting future.

## MESSAGE FROM JAYME:

### Welcome back everyone to another season of Beaver Valley Age Friendly Programing!

I would like to take a minute to thank everyone who came out for our 2<sup>nd</sup> Annual Tailgate Party! It was another huge success, and a lot of fun! The Montrose Recreation Commission went above and beyond this year by donating all the hamburgers! We appreciate all the support we continually receive! All the donations and opportunities that arise truly help the success and sustainability of the program. I would also like to give a **huge thanks** to all our program volunteers and our grade 7 students. Your dedication and hard work make a big difference in our community and in the individual lives of our seniors.

In August, we enjoyed a bus tour to Rossland to see the Gold Fever Follies, and afterwards we enjoyed a beautiful evening at the Columbia Gardens Winery for wine tasting and appetizers. Pictures to follow in our October news. We are participating in **BE in the BV** on **Sept. 12, 2019** at Haines park from 9:30am-2:00pm. [Volunteers are required at our interactive booth!](#) It's an awesome event! Please call Jayme if you can help out.

## POPU MUSEUM

We have been planning to set up our very own popup museum! We are half way there on collecting items to display. The items can be anything that has a story! Write down the story 75-100 words on a piece of paper, along with your name and phone number. You can drop it off at the Village of Fruitvale or the Village of Montrose offices or Craig Horsland. Craig is going to bring to life your item by making a beautiful display printed on foamboard that we will have in our popup museum at our October Coffee.

## COFFEE CLUB

The next Coffee Club will be on **Monday Sept. 9, 2019 @ 10:30am** at the Fruitvale Memorial Hall. Sandi McCreight, Seniors Advocate/Castlegar CRN, presents "It's Not Right - Neighbours, Friends and Families for Older Adults". There will be a presentation, discussion and short videos. Let's talk about ageism, what elder abuse looks like, how seniors can keep each other safe, and how all community members can help ensure vulnerable adults are safe.

## SENIORS' LUNCH

The next Toonie Tuesday Lunch will be held on **Tuesday, Sept. 17 @ 12:30 pm** at the Fruitvale Memorial Hall. Cost is \$2.00/person. Please register by **Monday, Sept. 9** by calling Irma and Dave @ 250-367-6185, Koert @ 250-367-9835 or Jayme @ 250-367-7428. More volunteers to help at our Toonie Lunches are always welcome.

## BEAVER VALLEY SENIOR CITIZENS' 'ANYTHING FOR ALZHEIMER'S' FUNDRAISING EVENT

On **Sept. 26, 2019 starting at 10:00am**, Castlewood Village in Castlegar is hosting "Anything for Alzheimer's". This annual event raises awareness and funds for our local Alzheimer's Society. There will be a walk, lunch and entertainment, bake sale, refreshments and a craft sale. Our Beaver Valley seniors are all welcome to attend. If there is a group interested in attending, transportation will be arranged. Please call Jayme @ 250-367-7428 if you want to attend.

## VEGAS IN THE VALLEY

**Mark your calendar for Vegas In the Valley!** The newly formed Beaver Valley Age Friendly Society is partnering with the Beaver Valley Lions Club to host this fundraising event on **Saturday Oct. 5, 2019 at the Fruitvale Memorial Hall from 6:30pm-11:00pm**. Tickets are \$20.00 single, or \$30.00 a couple. (Tickets include \$3,000 of play money) tickets are available for purchase at the Village of Fruitvale and the Village of Montrose and Country Roads General Store. If you are interested in helping with this event, or would like to donate prizes for this event, or have any questions please contact Shelley Verhelst 250-231-1963, or Jayme Fowler 250-367-7428.

## FALL TEA

The Beaver Valley Senior Citizens' Association is holding its annual Fall Tea on **Saturday, Sept. 28, 12:30 to 2:30pm** at the BV Manor. There will be a bake table, a white elephant table and a yard/plant sale table. Donations of baking, white elephant/yard sale items and plants are welcome. Please drop off Friday, Sept. 27 or on the day of the tea. Thank you in advance. Contact Catherine Seifrit 250 367-9176 if you have any questions or donations for pick-up.

THANK YOU TO OUR SUPPORTING PARTNERS



# SEPTEMBER 2019

Age Friendly Seniors' Coordinator  
 Jayme Fowler  
 250.367.7428 home or by email  
[jfricke99@msn.com](mailto:jfricke99@msn.com)



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2	3	4	5 Cards 1:00pm @ BVM	6	7
8	9 Seniors' Coffee 10:30am @ FMC Bingo 1:00pm @ BVM Montrose Card Club Cards 7:00pm @ MH  Last day to register for Toonie Lunch	10	11 Branch 44 General Meeting 1:30pm @ BVM	12 Cards 1:00pm @ BVM  Harvest Market 2:00-6:00pm @ Pole Yard	13 Club 55 Bowling 1:00pm @ BVBL	14 BE in BV 10:00am-2:00pm @ Haines Park
15	16 Bingo 1:00pm @ BVM	17 Toonie Lunch 12:30pm @ FMC	18	19 Cards 1:00pm @ BVM	20 Club 55 Bowling 1:00pm @ BVBL	21
22	23 Bingo 1:00pm @ BVM  Montrose Card Club Cards 7:00pm @ MH	24	25	26 Cards 1:00pm @ BVM  Anything for Alzheimer's Fundraising Event 10:00am @ Castlewood Village, Castlegar	27 Club 55 Bowling 1:00pm @ BVBL	28 BV Senior Citizens Fall Tea 12:30-2:30pm @ BVM
29	30 Bingo 1:00pm @ BVM	<b>OCTOBER 1</b> Carpet Bowling learning/practice session 10:00am @ BVM			<b>VENUES</b> BVM - Beaver Valley Manor FMC - Fruitvale Memorial Centre MH - Montrose Hall BVBL - Beaver Valley Bowling Lanes	

**BLACK = Fruitvale Senior Citizens Branch 44**  
 - \$15 membership required for events at BV Manor  
 - Contact Wilbur Worstradowski, 250-368-4946

**RED = Beaver Valley Age Friendly**  
 - No membership required for the Age Friendly events  
 - Contact Jayme Fowler, 250-367-7428

**BLUE = Community Events**  
 - May or may not have a fee associated with event  
 - Contact the event organizer

If you have a seniors' event you would like posted on the *BV Age Friendly Event Calendar*, please contact the Village Office at 250-367-7551 or send your event information to [info@village.fruitvale.bc.ca](mailto:info@village.fruitvale.bc.ca)