

BEAVER VALLEY AGE FRIENDLY COMMUNITY

BV Age Friendly

Contact Information

Village Office - 250-367-7551

info@village.fruitvale.bc.ca



CHRISTMAS TOONIE LUNCH - Message from Vickie Fitzpatrick



On Monday December 16 our hard working volunteers - Joyce Buckler, Joan Green, Carolyn Womacks, Linda Green, Eve Loban, Colleen Prodaniuk and Senta McIntyre came to the hall to fill 179 baking boxes for our seniors to take home with them after the lunch...THANK YOU!! Once the boxes were filled, our Fruitvale Toonie lunch grade 7 students - Mackenzie Sedgwick, Felicia Girardo, Jamie D'Andrea, Alexis Wyatt, Arwen McKenzie, November Scott, Ella Bloy and Kayalla Fedechko sealed the boxes with ribbon...THANK YOU!!

THANK YOU to Scott Weatherford from Atco Wood Products for sponsoring our Christmas lunch!

Our Beaver Valley Age Friendly volunteers cooked for 278 seniors at the Christmas lunch on Tuesday, December 17 2019. THANK YOU to Sergeant Mike Wicentowich, Constable Ben Smith, RCMP Staff Supervisor Lara Yost-Johnstone and Front Counter Clerk Bobbie Briscoe for serving our seniors and staying back to help us clean up!! THANK YOU to our MIRACLE MEN Doug Green, Roy Plummer, Fran Partiger, Gabe Vandermeer, Bud Barrett and Rick Hammond for once again doing a perfect job setting up! THANK YOU to Linda Green, Shawna Collins, Maddyson Weatherford and Heather Underwood for working with the RCMP crew serving our seniors! THANK YOU to Judy Startup for working in the coffee house! THANK YOU to Larry Fitzpatrick, Brian & Colleen Prodaniuk, Carolyn Womacks, Joan Green, Joyce Buckler and Senta McIntyre - once again you outdid yourselves, lunch was amazing! THANK YOU to Bill Wenman for manning the dishwasher! THANK YOU Mayor Morissette for being our MC and keeping everything on track! THANK YOU Bert Kniss for the music! A huge heartfelt THANK YOU to Rebecca Weatherford, Kelli Tuttle, Ali Grieve, Jason Startup and each of you I have mentioned above for staying behind after a very long day to clean up the hall! THANK YOU to Kelly Morissette for handing out door prize tickets and to Ingrid Hope & Cyra Yunkws for handing out the door prizes! THANK YOU Rick Hammond for saying grace! THANK YOU to Donna Jupp and the members of the Beaver Valley Quilters Guild for their door prize donations. THANK YOU to the Outreach Quilters for the donation of the hand-made quilt door prize which raised \$267.50 for future BV Age Friendly programming.

Our volunteers did a lot more than what they've been thanked for. These are the people that make our Community what it is!! I am truly grateful to my husband Larry. Whenever I volunteer he is right there with me, every time! Larry, your support does not go unnoticed! To my dear friends who time after time when I volunteer, they are instantly at my side. I know how truly blessed I am to call each and every one of you my friend. It's times like this when a "THANK YOU" just is not enough!!!

Our next Beaver Valley Age Friendly Toonie lunch is on **January 21, 2020 @ 12:30pm** in the Fruitvale Memorial Centre. Please register by calling the Village of Fruitvale 250-367-7551 **no later than Friday January 18, 2020**. Pre-registration is a must.



AGE FRIENDLY CHRISTMAS LUNCH - Message from Area A Director Ali Grieve and Fruitvale Mayor Steve Morissette

Record attendance at the Christmas Age Friendly Lunch! Congratulations to the sponsors, volunteers, and Valley seniors for a very successful Christmas luncheon on December 17 - OUR BIGGEST LUNCHEON EVER! Thank you to our local RCMP detachment who helped to serve nearly 280 guests who enjoyed a most delicious lunch so generously donated by ATCO Wood Products. Thanks to Lori Nelson for generously donating the After Eight mints, Susan Dar for the mandarin oranges and Joyce Buckler for the boxes of baking gifted to everyone as they left the luncheon. We also thank Cyra Yunkws for attending on behalf of Katrine Conroy, Don Berrault on behalf of Montrose Council, Chris D'Odorico on behalf of Teck Trail Operations, Scott and Rebecca Weatherford on behalf of ATCO Wood Products, Ingrid Hope on behalf of BV Dynamic Aging Society and Hall Printing; without these generous sponsors we would struggle to put on the amazing Age Friendly program we have.

Staff at the Regional District of Kootenay Boundary, in conjunction with the BV Recreation Committee, have determined that now is not the best time to transition the Age Friendly program to the Regional District so have decided to postpone the transition and consider it at a later date. The Village of Fruitvale will be advertising a request for quotation prior to Christmas, expecting to have an Age Friendly Coordinator contractor in place early in January.

We look forward to seeing you in the New Year as we carry on with a program that continues to be welcomed and enjoyed by so many. Staying connected as a senior is essential to emotional and mental well-being. Getting out of the home can help prevent depression and helps to maintain brain activity as you connect with others!

A huge thank you to the Beaver Valley communities for realizing the ongoing value this program has to offer!

Wishing everyone the best of health and happiness in the New Year!

RDKB Director Ali Grieve and Mayor Steve Morissette



BV AGE FRIENDLY COFFEE

Unfortunately the Fruitvale Firefighters were unable to attend December's BV Age Friendly Coffee so Mayor Morissette spoke on what's happening in the Village of Fruitvale. The next BV Age Friendly Coffee will take place on **January 13, 2020 at 10:30am** in the Fruitvale Memorial Center. Bill Wenman will be educating us and giving us tips on tax savings opportunities with our income taxes.



THANK YOU TO OUR SUPPORTING PARTNERS

JANUARY 2020

BV Age Friendly
Contact Information
Village Office - 250-367-7551
info@village.fruitvale.bc.ca



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<p>VENUES BVM - Beaver Valley Manor MH - Montrose Hall FMC - Fruitvale Memorial Centre BVCC - Beaver Valley Curling Club BVL - Beaver Valley Lanes</p>						
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

BLACK = Fruitvale Senior Citizens Branch 44
 - \$15 membership required for events at BV Manor
 - Contact Bob, 250-367-7603

RED = Beaver Valley Age Friendly
 - No membership required for the Age Friendly events
 - Contact the Village of Fruitvale, 250-367-7551

BLUE = Community Events
 - May or may not have a fee associated with event
 - Contact the event organizer

If you have a seniors' event you would like posted on the Age Friendly Event Calendar, please contact the Village Office at 250-367-7551 or send your event information to info@village.fruitvale.bc.ca



REQUEST FOR QUOTATION

AGE FRIENDLY COORDINATOR - CONTRACT

Introduction

The purpose of this Request for Quotation is to invite interested and qualified parties to provide pricing to assist in the planning, development and operations of an Age Friendly Program within the Beaver Valley. The program offers services to meet the needs of Middlers and Seniors with a focus on creating a supportive, welcoming and vibrant community for adults.

Proponents will be required to continue current programs including:

- Monthly Seniors' Lunch
- Monthly Seniors' Coffee
- Publication of the monthly Seniors' Calendar
- Publication of the Guide to Services for Seniors

Proponents will also be required to further develop:

- Seniors' programming
- Middlers' programming
- Future Sustainability Model

The proponent is expected to contribute an average of twenty-four (24) hours per week to plan, develop and operate the program on a six (6) month term with possible extension.

Submissions must include:

- Details regarding experience and qualifications;
- Proof of valid certification in Food Safe and Serving It Right;
- Criminal Records Check,
- Hourly rate for services and other fees or charges for liability insurance and WCB.

Submissions marked **Age Friendly Coordinator - Contract** will be accepted up to **4:30 p.m. (PST) on January 6, 2020** at:

Village of Fruitvale
Attention: Kelli Tuttle, Acting Chief Administrative Officer
1947 Beaver Street
PO Box 370
Fruitvale, BC V0G 1L0
Email: cfo@village.fruitvale.bc.ca
Phone: (250) 367-7551

For full details on this Request for Quotation, please visit the Village of Fruitvale website at www.village.fruitvale.bc.ca

BV Age Friendly Gym



**Trial Opening to include usage by
Beaver Valley Residents aged 20-49
January 1 - June 30, 2020**



ATTENTION CURRENT BV AGE FRIENDLY GYM USERS

**As of January 2, 2020 all existing
gym key cards will be deactivated.**

**To have your card reactivated,
please visit the Village of Fruitvale
Office to complete a new waiver
form. Activation of the security
card will take place once the
monthly fee is paid.**

ATTENTION NEW BV AGE FRIENDLY GYM USERS

**New users to the BV Age
Friendly Gym are required to
complete a waiver form at
the Village of Fruitvale office,
pay the security access card
fee and the monthly user fee.
Activation of the security
access card will take place
after fees are paid.**

NEW USER FEES

**As of January 2, 2020 the
monthly fees are as follows:**

**Security Access Card - \$25.00
Seniors' Monthly Fee - \$15.00
Non-Seniors Monthly Fee - \$30.00
Replacement Access Card - \$25.00**

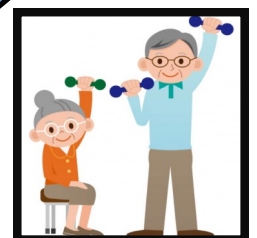
NEW USAGE HOURS

**Seniors aged 50+
5:00 am to 10:00 pm**

**Non-Seniors aged 20-49
1:00 pm - 3:00 pm
6:30 pm - 8:30 pm**



**A senior is aged 50+
A non-senior is aged 20-49**



**Please call the Village of Fruitvale Office, 250-367-7551, or email
info@village.fruitvale.bc.ca, any questions you may have on the above changes.**